

Protokoll
Sandersdorf, 09. September 2017

3. 7-Seen Lauf 2016 - 21.1, 10km und 3km

Teilnehmer	Name	Geburtsdatum	Altersklasse	Verein	Start- nummer	Strecke	Zeit	Platz im Lauf	AK	AK punkte
3.0km Lauf										
1	Männicke, Dirk	1970	AK 40/49 - M	Kanu-Club Jeßnitz/Anhalt e.V.	49	3 Km [+Sh]	5:09:57	1	12	0
2	Schneider, Felix	1995	AK 20/29 - M	Bitterfelder SV 2000 e.V.	31	3 Km [+Sh]	5:10:04	2	4	6
3	Reichardt, Aaron	2005	U14 - AK 12/13 - M	0	73	3 Km	0:12:16	3	1	10
4	Lorenz, Fiona	2002	U16 - AK 14/15 - W	0	48	3 Km	0:12:25	4	1	10
5	Uldedaj, Jürgen	1997	AK 20/29 - M	SES-Boxing	1979	3 Km [+Sh]	5:12:27	5	x	0
6	Dzemiński, Tom	1972	AK 40/49 - M	SES-Boxing	1977	3 Km [+Sh]	5:12:31	6	x	0
7	Stieglitz, Robert	1981	AK 30/39 - M	SES-Boxing	1978	3 Km [+Sh]	5:12:33	7	x	0
8	Dzemiński, Dirk	1972	AK 40/49 - M	SES-Boxing	1974	3 Km [+Sh]	5:13:38	8	x	0
9	Verheyen, René	1978	AK 30/39 - M	0	1985	3 Km [+Sh]	5:13:44	9	x	0
10	Streibberger, Matti Luca	2008	U10 - AK 08/09 - M	Sportgemeinschaft Union Sandersdorf e.V.	36	3 Km	0:13:45	10	x	0
11	Schrödter, Maximilian	2004	U14 - AK 12/13 - M	Sportgemeinschaft Union Sandersdorf e.V.	33	3 Km	0:13:58	11	2	8
12	Prehl, Jonas	2009	U10 - AK 08/09 - M	Sandersdorfer-Kanu-Verein e.V.	74	3 Km	0:14:01	12	1	10
13	Mantik, Lukas	2006	U12 - AK 10/11 - M	Sportgemeinschaft Union Sandersdorf e.V.	26	3 Km	0:14:05	13	1	10
14	Metka, Max	2002	U16 - AK 14/15 - M	0	43	3 Km	0:14:06	14	1	10
15	Neise, Jenny	2003	U16 - AK 14/15 - W	Sportgemeinschaft Union Sandersdorf e.V.	27	3 Km	0:14:08	15	2	8
16	Dirla, Toni-Siegfried	2004	U14 - AK 12/13 - M	GS Pestalozzi	1960	3 Km	0:14:09	16	3	7
17	Kasten, Jonas	2006	U12 - AK 10/11 - M	Sportgemeinschaft Union Sandersdorf e.V.	46	3 Km	0:14:11	17	2	8
18	Konicky, Kilian	2008	U10 - AK 08/09 - M	0	57	3 Km	0:14:12	18	2	8
19	Giannis, Alexandros	2006	U12 - AK 10/11 - M	0	1968	3 Km	0:14:12	19	3	7
20	Zeidler, Anna	2007	U12 - AK 10/11 - W	0	40	3 Km	0:14:14	20	x	0
21	Mosch, Carlos	2008	U10 - AK 08/09 - M	0	75	3 Km	0:14:14	21	3	7
22	Zeidler, Lukas	2005	U14 - AK 12/13 - M	0	42	3 Km	0:14:16	22	x	0
23	Baumgart, Charlotte	2008	U10 - AK 08/09 - W	0	16	3 Km	0:14:17	23	1	10
24	Ludwig, Kim	2006	U12 - AK 10/11 - W	0	1986	3 Km	0:14:18	24	1	10
25	Kleber, Anna-Laura	1999	U20 - AK 18/19 - W	0	1980	3 Km [+Sh]	5:14:20	25	1	10
26	Schrödter, Felix	2008	U10 - AK 08/09 - M	Sportgemeinschaft Union Sandersdorf e.V.	32	3 Km	0:14:23	26	4	6
27	Hille, Max	2008	U10 - AK 08/09 - M	0	23	3 Km	0:14:28	27	5	5
28	Gleau, Marcus	1982	AK 30/39 - M	0	72	3 Km [+Sh]	5:14:33	28	9	1
29	Nitsche, Nele	2005	U14 - AK 12/13 - W	SG Chemie Bitterfeld e. V.	61	3 Km	0:14:40	29	1	10
30	Kramp, Cedric	2005	U14 - AK 12/13 - M	0	1988	3 Km	0:14:46	30	4	6
31	Wenke, Sabrina	1989	AK 20/29 - W	0	50	3 Km	0:14:47	31	x	0
32	Böhme, Ole	2006	U12 - AK 10/11 - M	Bitterfelder Schwimmverein 1990 e.V.	1964	3 Km	0:14:50	32	4	6
33	Verneyen, Max	2007	U12 - AK 10/11 - M	0	62	3 Km	0:14:55	33	x	0
34	Oeßer, Leonie	2004	U14 - AK 12/13 - W	GS Pestalozzi	55	3 Km	0:14:55	34	2	8
35	Schilling, Sammy	2010	U08 - AK 06/07 - M	SG Chemie Bitterfeld e. V.	1983	3 Km	0:15:00	35	1	10
36	Schilling, Stephan	1976	AK 40/49 - M	SG Chemie Bitterfeld e. V.	1976	3 Km [+Sh]	5:15:03	36	13	0
37	Lübeck, Jannis	2008	U10 - AK 08/09 - M	SG Chemie Bitterfeld e. V.	1990	3 Km	0:15:05	37	6	4
38	Pfeiffer, Lenny	2010	U08 - AK 06/07 - M	0	80	3 Km	0:15:06	38	2	8
39	Tittmann, Joy-Elaine	2005	U14 - AK 12/13 - W	0	37	3 Km	0:15:08	39	x	0
40	Schrödter, Sidney	2008	U10 - AK 08/09 - M	Sportgemeinschaft Union Sandersdorf e.V.	34	3 Km	0:15:09	40	7	3
41	Richter, Pepe	2012	U06 - AK 00/05 - M	0	1920	3 Km	0:15:16	41	1	10
42	Güsewell, Samira	2008	U10 - AK 08/09 - W	Sandersdorfer-Kanu-Verein e.V.	44	3 Km	0:15:21	42	2	8
43	Klugmann, Charlyze	2008	U10 - AK 08/09 - W	Sportgemeinschaft Union Sandersdorf e.V.	25	3 Km	0:15:23	43	3	7
44	Schulz, Samirah	2006	U12 - AK 10/11 - W	Sandersdorfer-Kanu-Verein e.V.	66	3 Km	0:15:32	44	2	8
45	Hildner, Arne	2009	U10 - AK 08/09 - M	0	1965	3 Km	0:15:34	45	8	2
46	Zeidler, Felix	2007	U12 - AK 10/11 - M	0	41	3 Km	0:15:45	46	x	0
47	Gabelunke, Pia	2007	U12 - AK 10/11 - W	Raguhn-Jeßnitz	19	3 Km	0:15:49	47	x	0
48	Unger, Lukas	2007	U12 - AK 10/11 - M	KC Jeßnitz	47	3 Km	0:15:50	48	x	0
49	Hirsch, Jannes	2007	U12 - AK 10/11 - M	SG Buna Halle	24	3 Km	0:15:54	49	x	0
50	Proske, Marie	1999	U20 - AK 18/19 - W	GS Sandersdorf	1969	3 Km [+Sh]	5:15:59	50	x	0
51	Scheffler, Isa	2009	U10 - AK 08/09 - W	Sandersdorfer-Kanu-Verein e.V.	64	3 Km	0:16:02	51	4	6
52	Henska, Leonie	2010	U08 - AK 06/07 - W	0	1912	3 Km	0:16:23	52	1	10
53	Oeßer, Lucas	2008	U10 - AK 08/09 - M	0	56	3 Km	0:16:27	53	9	1
54	Jungmann, Maja	2005	U14 - AK 12/13 - W	0	60	3 Km	0:16:29	54	3	7
55	Heidrich, Kiara-Leni	2009	U10 - AK 08/09 - W	0	53	3 Km	0:16:31	55	5	5
56	Zoogbaum, Jannice	1994	AK 20/29 - W	0	1970	3 Km	0:16:33	56	x	0
57	Dilsner, Lisa Marie	2002	U16 - AK 14/15 - W	Wolfen	1973	3 Km	0:16:50	57	x	0
58	Scheffler, Julius	2008	U10 - AK 08/09 - M	Sandersdorfer-Kanu-Verein e.V.	63	3 Km	0:16:52	58	10	0
59	Melzer, Maximilian	2007	U12 - AK 10/11 - M	0	54	3 Km	0:16:58	59	5	5
60	Claus, Melanie	1981	AK 30/39 - W	0	52	3 Km [+Sh]	5:16:58	60	7	3
61	Gleditzsch, Christin	1985	AK 30/39 - M	0	20	3 Km [+Sh]	5:17:05	61	10	0
62	Rothenstein, Eddiee	2009	U10 - AK 08/09 - M	SG Chemie Bitterfeld e. V.	69	3 Km	0:17:05	62	11	0
63	Poschel, Sarah	2009	U10 - AK 08/09 - W	SG Chemie Bitterfeld e. V.	29	3 Km	0:17:19	63	6	4
64	Rank, Lea	2004	U14 - AK 12/13 - W	0	1961	3 Km	0:17:34	64	4	6
65	Heimrath, Peggy	1970	AK 40/49 - W	0	22	3 Km [+Sh]	5:17:36	65	7	3
66	Döring, Cecil	2006	U12 - AK 10/11 - W	Team Reibitz	18	3 Km	0:17:36	66	x	0
67	Siegel, Kevin	2004	U14 - AK 12/13 - M	GS Pestalozzi	84	3 Km	0:17:40	67	5	5
68	Scharf, Karin	1953	AK 60/69 - W	0	30	3 Km [+Sh]	5:17:41	68	x	0
69	Jordan, Steffi	1981	AK 30/39 - W	Bitterfeld-Wolfen	71	3 Km [+Sh]	5:17:47	69	x	0
70	Hildmann, Jolina	2005	U14 - AK 12/13 - W	0	59	3 Km	0:17:47	70	5	5
71	Konicky, Stefan	1985	AK 30/39 - M	0	51	3 Km [+Sh]	5:17:53	71	11	0
72	Neumann, Maria	2004	U14 - AK 12/13 - W	0	65	3 Km	0:18:00	72	6	4
73	Nieruch, Collin	2005	U14 - AK 12/13 - M	SG Chemie Bitterfeld e. V.	1984	3 Km	0:18:11	73	6	4
74	Grashof, Siegfried	1960	AK 50/59 - M	SG Chemie Bitterfeld e. V.	1987	3 Km [+Sh]	5:18:13	74	13	0
75	Cayko, Steven	2007	U12 - AK 10/11 - M	SG Chemie Bitterfeld e. V.	1982	3 Km	0:18:15	75	6	4
76	Höllrigl, Heidi	2010	U08 - AK 06/07 - W	0	1971	3 Km	0:18:16	76	2	8
77	Höllrigl, Dennis	1980	AK 30/39 - M	0	1972	3 Km [+Sh]	5:18:18	77	12	0
78	Kieschke, Lenya Sophie	2008	U10 - AK 08/09 - W	0	1962	3 Km	0:18:18	78	7	3
79	Altner, Kim	2007	U12 - AK 10/11 - W	0	1907	3 Km	0:18:18	79	3	7
80	Schwalenberg, Tobias	1979	AK 30/39 - M	0	35	3 Km [+Sh]	5:18:19	80	13	0
81	Gleau, Anna-Maria	1989	AK 20/29 - W	0	1963	3 Km [+Sh]	5:18:25	81	4	6
82	Pollandt, Nicole	1983	AK 30/39 - W	ArcelorMittal Construction Deutschland G	28	3 Km [+Sh]	5:19:02	82	x	0
83	Wirth, Susanne	1982	AK 30/39 - W	ArcelorMittal Construction Deutschland G	39	3 Km	0:19:03	83	x	0
84	Möller, Milena	2009	U10 - AK 08/09 - W	Sandersdorfer-Kanu-Verein e.V.	79	3 Km	0:19:16	84	8	2
85	Müller, Annett	1979	AK 30/39 - W	0	1989	3 Km [+Sh]	5:19:45	85	8	2
86	Küter, Solveig	1981	AK 30/39 - W	0	67	3 Km [+Sh]	5:19:49	86	x	0
87	Luebeck, Mandy	1981	AK 30/39 - W	0	1919	3 Km [+Sh]	5:19:59	87	9	1
88	Jordan, Nadine	1978	AK 30/39 - W	0	70	3 Km [+Sh]	5:20:13	88	10	0
89	Schiebel, Maja	2010	U08 - AK 06/07 - W	0	78	3 Km	0:20:30	89	3	7
90	Schattenberg, Susanne	1983	AK 30/39 - W	0	45	3 Km [+Sh]	5:20:32	90	11	0
91	Zimmermann, Paula	1982	AK 30/39 - W	0	68	3 Km	0:20:39	91	x	0
92	Baunach-Hildner, Diana	1976	AK 40/49 - W	0	17	3 Km [+Sh]	5:20:42	92	8	2
93	Weiser, Adrian	2008	U10 - AK 08/09 - M	0	38	3 Km	0:20:47	93	x	0
94	Weber, Miriam	2005	U14 - AK 12/13 - W	GS Pestalozzi	1981	3 Km	0:21:05	94	x	0

3. 7-Seen Lauf 2016 - 21.1, 10km und 3km

Teilnehmer	Name	Geburtsdatum	Altersklasse	Verein	Start- nummer	Strecke	Zeit	Platz im Lauf	AK	AK punkte
95	Kühne, Sophia	2002	U16 - AK 14/15 - W	0	1967	3 Km	0:21:10	95	3	7
96	Wydra, Maya	2005	U14 - AK 12/13 - W	0	76	3 Km	0:21:11	96	x	0
97	Kühne, Clara	2006	U12 - AK 10/11 - W	0	1966	3 Km	0:21:18	97	4	6
98	Krämer, Cedrick	2010	U08 - AK 06/07 - M	0	1922	3 Km	0:30:17	98	3	7
99	Glöckner, Lea	2008	U10 - AK 08/09 - W	0	21	3 Km	3:00:00	99	x	0
100	Zimmer, Niclas	2008	U10 - AK 08/09 - M	Preußen Greppin	58	3 Km	3:00:00	100	x	0
101	Fritz, Leonie Gabriele	2010	U08 - AK 06/07 - W	0	77	3 Km	3:00:00	101	4	6
102	Kubit, Bernard Marcin	2010	U08 - AK 06/07 - M	0	81	3 Km	3:00:00	102	4	6
103	Dlouhy, Ben	2008	U10 - AK 08/09 - M	0	82	3 Km	3:00:00	103	12	0
104	Eisfeld, Conrad	2008	U10 - AK 08/09 - M	0	83	3 Km	3:00:00	104	12	0
105	Gerlach-Renner, Lia	2005	U14 - AK 12/13 - W	0	85	3 Km	3:00:00	105	7	3
106	Bösel, Dominic	1989	AK 20/29 - M	SES-Boxing	1975	3 Km (+Sh)	3:02:00	106	x	0
10.0km Lauf										
107	Pohle, Andreas	1990	AK 20/29 - M	0	332	10 Km (+3h)	3:35:03	1	x	0
108	Laux, Michael	1984	AK 30/39 - M	ESV Lok Beucha e.V.	353	10 Km (+3h)	3:37:36	2	x	0
109	Weniger, Jens	1967	AK 50/59 - M	0	347	10 Km (+3h)	3:37:37	3	x	0
110	Stolze, Christopher	1983	AK 30/39 - M	adidas Runners Berlin	340	10 Km (+3h)	3:37:42	4	x	0
111	Stremlow, Thomas	1974	AK 40/49 - M	Bitterfelder SV 2000 e.V.	388	10 Km (+3h)	3:38:21	5	x	0
112	Asmelash, Fesehaye	1989	AK 20/29 - M	VC Bitterfeld - Wolfen e.V.	300	10 Km (+3h)	3:38:45	6	1	10
113	Walter, Thomas	1969	AK 40/49 - M	0	381	10 Km (+3h)	3:38:49	7	x	0
114	Klatt, Thomas	1972	AK 40/49 - M	Bitterfelder SV 2000 e.V.	389	10 Km (+3h)	3:40:56	8	5	5
115	Rudnick, Carl	2000	U18 - AK 16/17 - M	Sportgemeinschaft Union Sandersdorf e.V.	384	10 Km	0:42:56	9	1	10
116	Ryll, Maik	1977	AK 40/49 - M	0	335	10 Km (+3h)	3:43:11	10	6	4
117	Hildebrandt, Jens	1973	AK 40/49 - M	1. LAC Dessau	317	10 Km (+3h)	3:43:28	11	x	0
118	van den Haak, Nikolaj	1984	AK 30/39 - M	0	344	10 Km (+3h)	3:43:36	12	x	0
119	Hirsch, Timon	2003	U16 - AK 14/15 - M	SG Buna Halle	319	10 Km (+3h)	3:43:41	13	x	0
120	Siyad, Ahmed	1967	AK 50/59 - M	VC Bitterfeld - Wolfen e.V.	338	10 Km (+3h)	3:43:46	14	7	3
121	Härtel, Annika	1986	AK 30/39 - W	adidas Runners Berlin	313	10 Km (+3h)	3:44:08	15	x	0
122	Proske, Steffen	1969	AK 40/49 - M	0	400	10 Km (+3h)	3:44:12	16	7	3
123	Gaubitz, Rene	1978	AK 30/39 - M	0	309	10 Km (+3h)	3:44:42	17	3	7
124	Ludwig, Kathrina	1984	AK 30/39 - W	0	326	10 Km (+3h)	3:44:45	18	2	8
125	Wollstein, Nico	1976	AK 40/49 - M	LG Finanzamt Halle	403	10 Km (+3h)	3:44:51	19	x	0
126	Kurras, Max	2003	U16 - AK 14/15 - M	0	364	10 Km (+3h)	3:44:55	20	2	8
127	Nau, Stefan	1977	AK 40/49 - M	0	331	10 Km (+3h)	3:44:56	21	8	2
128	Pfeiffer, Florian	2001	U18 - AK 16/17 - M	0	365	10 Km	0:44:59	22	2	8
129	Rudnick, Dirk	1965	AK 50/59 - M	Sportgemeinschaft Union Sandersdorf e.V.	385	10 Km (+3h)	3:45:14	23	8	2
130	Watzula, Stefan	1974	AK 40/49 - M	0	346	10 Km (+3h)	3:45:50	24	x	0
131	Mahamus Hassan, Qani	1998	U20 - AK 18/19 - M	0	327	10 Km	0:46:00	25	1	10
132	Wagner, Mirko	1971	AK 40/49 - M	0	357	10 Km (+3h)	3:46:03	26	x	0
133	Straßer, Andre	1969	AK 40/49 - M	Goitzsche Sport e. V.	392	10 Km (+3h)	3:46:13	27	x	0
134	Falo, Horst	1963	AK 50/59 - M	3. blutige Hand am Sacke des Kalifen	305	10 Km (+3h)	3:46:31	28	x	0
135	Lang, Hubert	1954	AK 60/69 - M	ESV Lok Dessau	324	10 Km (+3h)	3:46:37	29	x	0
136	Vattes, Denis	1981	AK 30/39 - M	Laufen gegen Leiden	345	10 Km (+3h)	3:46:39	30	x	0
137	Wessel, Marco	1981	AK 30/39 - M	0	348	10 Km (+3h)	3:47:10	31	x	0
138	Schmidt, Ingo	1964	AK 50/59 - M	Sportgemeinschaft Union Sandersdorf e.V.	370	10 Km (+3h)	3:47:17	32	9	1
139	Hansch, Lutz	1956	AK 60/69 - M	Volkssport Wolfen-Steinfurth	374	10 Km (+3h)	3:48:32	33	3	7
140	Böhme, Lars	1978	AK 30/39 - M	Bitterfelder Schwimmverein 1990 e.V.	367	10 Km (+3h)	3:48:36	34	4	6
141	Rarek, Martina	1959	AK 50/59 - W	SV Germania 08 Roßlau	333	10 Km (+3h)	3:48:57	35	x	0
142	Selent, Marco	1976	AK 40/49 - M	0	337	10 Km (+3h)	3:49:19	36	x	0
143	Wicke, Peter	1967	AK 50/59 - M	LG Dölbau	349	10 Km (+3h)	3:49:23	37	x	0
144	Liese, Günter	1949	AK 60/69 - M	SV Germania 08 Roßlau	386	10 Km (+3h)	3:49:31	38	x	0
145	Spitschka, Tony	1988	AK 20/29 - M	0	339	10 Km (+3h)	3:49:35	39	2	8
146	Peters, Cedric	2000	U18 - AK 16/17 - M	SV Zörbig e.V.	378	10 Km	0:49:44	40	3	7
147	Rottluff, René	1979	AK 30/39 - M	SV Zörbig e.V.	334	10 Km (+3h)	3:49:53	41	5	5
148	Deutsch, Dennis	2002	U16 - AK 14/15 - M	0	402	10 Km (+3h)	3:50:14	42	3	7
149	Schneider, Katrin	1970	AK 40/49 - W	Bitterfelder SV 2000 e.V.	376	10 Km (+3h)	3:50:22	43	3	7
150	Faust, Pia-Maria	1988	AK 20/29 - W	0	306	10 Km (+3h)	3:51:04	44	1	10
151	Mühlhause, Ralf	1967	AK 50/59 - M	0	329	10 Km (+3h)	3:51:29	45	10	0.01
152	Keyselt, Sven	1984	AK 30/39 - M	LG Parthenaue	354	10 Km (+3h)	3:53:05	46	x	0
153	Proske, Anke	1970	AK 40/49 - W	0	399	10 Km (+3h)	3:53:22	47	4	6
154	Bermudez, Filip	1989	AK 20/29 - M	0	301	10 Km (+3h)	3:53:36	48	3	7
155	Richter, Marita	1960	AK 50/59 - W	SV Germania 08 Roßlau	397	10 Km (+3h)	3:53:49	49	x	0
156	Krauß, Michael	1965	AK 50/59 - M	0	350	10 Km (+3h)	3:53:51	50	11	0.01
157	Tornack, Kathleen	1970	AK 40/49 - W	0	343	10 Km (+3h)	3:53:54	51	x	0
158	Lorenz, Olaf	1972	AK 40/49 - M	0	398	10 Km (+3h)	3:54:06	52	9	1
159	Schumann, Andre	1983	AK 30/39 - M	0	390	10 Km (+3h)	3:54:15	53	x	0
160	Keller, Dr. Ingo	1937	AK 80/89 - M	0	359	10 Km (+3h)	3:54:36	54	x	0
161	Lautenschlag, Frank	1961	AK 50/59 - M	SV Germania 08 Roßlau	325	10 Km (+3h)	3:54:56	55	x	0
162	Glöckner, Kristin	1977	AK 40/49 - W	0	310	10 Km (+3h)	3:55:09	56	x	0
163	Stehning, Sigward	1959	AK 50/59 - M	0	377	10 Km (+3h)	3:55:15	57	x	0
164	Heinrich, Katja	1973	AK 40/49 - W	0	314	10 Km (+3h)	3:55:20	58	x	0
165	Gutsche, Kerstin	1967	AK 50/59 - W	0	312	10 Km (+3h)	3:55:33	59	x	0
166	Zacharias, Jutta	1971	AK 40/49 - W	0	387	10 Km (+3h)	3:55:47	60	x	0
167	Sambale, Jennifer	1994	AK 20/29 - W	0	373	10 Km (+3h)	3:56:19	61	x	0
168	Huß, Dr. Heinrich	1946	AK 70/79 - M	0	302	10 Km (+3h)	3:56:22	62	x	0
169	Küster, Rene	1970	AK 40/49 - M	0	323	10 Km (+3h)	3:56:26	63	10	0.01
170	Hering, Sven	1979	AK 30/39 - M	0	316	10 Km (+3h)	3:56:38	64	6	4
171	Krüger-Krug, Sindy	1979	AK 30/39 - W	0	322	10 Km (+3h)	3:56:39	65	3	7
172	Lamorski, Frank	1973	AK 40/49 - M	Volkssport Bitterfeld	351	10 Km (+3h)	3:56:40	66	11	0.01
173	Burkhardt, Grit	1963	AK 50/59 - W	Sportgemeinschaft Union Sandersdorf e.V.	369	10 Km (+3h)	3:56:44	67	1	10
174	Wuttke, Werner	1950	AK 60/69 - M	Volkssport Wolfen-Steinfurth	360	10 Km (+3h)	3:56:45	68	x	0
175	Lange, Nicole	1985	AK 30/39 - W	0	361	10 Km (+3h)	3:56:47	69	4	6
176	Trebst, Norbert	1950	AK 60/69 - M	SG Chemie Wolfen e.V.	358	10 Km (+3h)	3:56:55	70	x	0
177	Neitzel, Marita	1953	AK 60/69 - W	0	368	10 Km (+3h)	3:57:00	71	1	10
178	Betzhold, Simone	1959	AK 50/59 - W	0	366	10 Km (+3h)	3:57:02	72	x	0
179	Thierbach, Lutz	1970	AK 40/49 - M	Ghostdragons	379	10 Km (+3h)	3:57:29	73	x	0
180	Quilitzsch, Jens	1982	AK 30/39 - M	0	391	10 Km (+3h)	3:57:31	74	x	0
181	Girlich, Sven	1984	AK 30/39 - M	SG Chemie Bitterfeld e. V.	395	10 Km (+3h)	3:58:20	75	7	3
182	Wiora-Klauß, Nicole	1977	AK 40/49 - W	0	380	10 Km (+3h)	3:58:24	76	x	0
183	Hürte-Metka, Liane	1975	AK 40/49 - W	0	356	10 Km (+3h)	3:58:30	77	5	5
184	Girlich, Thomas	1961	AK 50/59 - M	0	396	10 Km (+3h)	3:58:32	78	x	0
185	Lungershausen, Karolin	1994	AK 20/29 - W	1. Hallescher Drachenbootverein e. V.	382	10 Km (+3h)	3:58:44	79	x	0
186	Mittelbach, Mario	1967	AK 50/59 - M	0	328	10 Km (+3h)	3:58:48	80	x	0
187	Krüger, Andreas	1967	AK 50/59 - M	0	321	10 Km (+3h)	3:58:52	81	12	0.01

Protokoll
Sandersdorf, 09. September 2017

3. 7-Seen Lauf 2016 - 21.1, 10km und 3km

Teilnehmer	Name	Geburtsdatum	Altersklasse	Verein	Startnummer	Strecke	Zeit	Platz im Lauf	AK	AK punkte
188	Ehrlich, Simone	1960	AK 50/59 - W	ESV Lok Dessau	303	10 Km [+3h]	3:59:32	82	x	0
189	Sambale, Claudia	1979	AK 30/39 - W	0	371	10 Km [+3h]	4:00:01	83	5	5
190	Hirsch, Sylvia	1974	AK 40/49 - W	0	318	10 Km [+3h]	4:00:19	84	x	0
191	Scheibe, Juliane	1988	AK 20/29 - W	0	336	10 Km [+3h]	4:00:27	85	2	8
192	Szymkowiak, Kristin	1985	AK 30/39 - W	0	341	10 Km [+3h]	4:00:30	86	x	0
193	Dorn, Carsten	1981	AK 30/39 - M	SV Zörbig e.V.	393	10 Km [+3h]	4:00:32	87	8	2
194	Böhme, Saskia	1990	AK 20/29 - W	0	375	10 Km [+3h]	4:01:06	88	3	7
195	Weither, Simone	1963	AK 50/59 - W	0	362	10 Km [+3h]	4:01:13	89	x	0
196	Hermann, Kathrin	1964	AK 50/59 - W	SG Chemie Wolfen e.V.	394	10 Km [+3h]	4:01:51	90	2	8
197	Hoepke, Franziska	1983	AK 30/39 - W	0	363	10 Km [+3h]	4:02:02	91	6	4
198	Poser, Kathrin	1971	AK 40/49 - W	1. Hallescher Drachenbootverein e. V.	383	10 Km [+3h]	4:03:29	92	x	0
199	Gronau, Antje	1970	AK 40/49 - W	SV Zörbig e.V.	311	10 Km [+3h]	4:04:19	93	6	4
200	Westerholz, Sandra	1983	AK 30/39 - W	0	355	10 Km [+3h]	4:07:54	94	x	0
201	Heinrich, Katrin	1976	AK 40/49 - W	0	315	10 Km [+3h]	4:11:13	95	x	0
202	Finke, Björn	1977	AK 40/49 - M	PortGround GmbH	307	10 Km [+3h]	4:11:14	96	x	0
203	Horn, Maria	1995	AK 20/29 - W	Hundefreunde Bitterfeld	352	10 Km [+3h]	4:12:55	97	x	0
204	Engler, Steffi	1980	AK 30/39 - W	0	304	10 Km [+3h]	99:01:00	98	12	0.01
205	Franzke, Christoph	1956	AK 60/69 - M	LG Rudelsburg 1995 BadKösen e.V.	308	10 Km [+3h]	99:01:00	99	x	0
206	Huß, Katrin	1969	AK 40/49 - W	0	320	10 Km [+3h]	99:01:00	100	9	1
207	Münch, Dirk	1972	AK 40/49 - M	0	330	10 Km [+3h]	99:01:00	101	x	0
208	Huß, Heinrich	1951	AK 60/69 - M	0	342	10 Km [+3h]	99:01:00	102	4	6
209	Claassen, Wolf-Peter	1964	AK 50/59 - M	0	372	10 Km [+3h]	99:01:00	103	14	0.01
210	Walther, Francesco	2003	U16 - AK 14/15 - M	0	401	10 Km [+3h]	99:01:00	104	x	0
21.1km Lauf										
211	Krause, Lars	1970	AK 40/49 - M	Nerchauer Brauhaus	252	21.1 Km	1:18:37	1	x	0
212	Münch, David	1987	AK 30/39 - M	sc impuls erfurt	222	21.1 Km	1:19:57	2	x	0
213	Schulze, Thomas	1974	AK 40/49 - m	TV Dessau	229	21.1 Km	1:22:34	3	x	0
214	Baake, Andy	1991	AK 20/29 - M	VS Zerbst	201	21.1 Km	1:25:19	4	x	0
215	Dr. Petersohn, Jörg	1970	AK 40/49 - M	0	205	21.1 Km	1:26:46	5	x	0
216	Riemer, Steffen	1967	AK 50/59 - M	Sandersdorfer-Kanu-Verein e.V.	248	21.1 Km	1:30:26	6	1	10
217	Zemst, Mathias	1984	AK 30/39 - M	0	237	21.1 Km [+5h]	6:31:05	7	x	0
218	Prade, Thomas	1985	AK 30/39 - M	0	254	21.1 Km	1:31:07	8	1	10
219	Münch, Heiko	1965	AK 50/59 - M	Sc Impuls Erfurt	223	21.1 Km	1:31:57	9	x	0
220	Petersohn, Sandra	1973	AK 40/49 - W	0	226	21.1 Km	1:32:17	10	x	0
221	Wedel, Frank	1968	AK 40/49 - M	Leichter Leben	235	21.1 Km [+5h]	6:36:46	11	x	0
222	Götsch, Norbert	1955	AK 60/69 - m	0	210	21.1 Km	1:37:12	12	x	0
223	Oecknick, Christian	1980	AK 30/39 - M	ICE RUNNING	225	21.1 Km	1:37:39	13	x	0
224	Heller, Marcus	1987	AK 30/39 - M	0	213	21.1 Km	1:39:57	14	x	0
225	Roschinski, Holger	1959	AK 50/59 - M	0	241	21.1 Km	1:40:27	15	x	0
226	Stadtherr, Jens	1970	AK 40/49 - M	0	242	21.1 Km	1:40:29	16	x	0
227	Arnold, Jens	1962	AK 50/59 - M	Dommitzcher SV Grün- Weiß	200	21.1 Km	1:40:41	17	x	0
228	Hagen, Karsten	1961	AK 50/59 - M	Union Berlin	211	21.1 Km	1:40:45	18	x	0
229	Dutthorn, Michael	1962	AK 50/59 - M	Bitterfelder SV 2000 e.V.	206	21.1 Km	1:41:02	19	2	8
230	Mischewski, Glen	1974	AK 40/49 - M	0	219	21.1 Km	1:41:30	20	1	10
231	Tittmann, Kevin	1979	AK 30/39 - M	VfB Annaberg 09 e.V.	233	21.1 Km	1:41:31	21	x	0
232	Mußmann, Heiner	1956	AK 60/69 - M	Chemnitzer PSV	253	21.1 Km	1:41:49	22	x	0
233	Motzkus, Steffen	1980	AK 30/39 - M	0	244	21.1 Km	1:42:14	23	2	8
234	Busse, Claudia	1969	AK 40/49 - W	Frei für Busse	239	21.1 Km	1:44:21	24	x	0
235	Menge, Rico	1988	AK 20/29 - M	WEIDA-RUNNERS	218	21.1 Km	1:45:30	25	x	0
236	Glöckner, Andre	1975	AK 40/49 - M	0	209	21.1 Km	1:49:13	26	x	0
237	Münch, Birgit	1965	AK 50/59 - W	SC Impuls Erfurt	221	21.1 Km	1:49:42	27	x	0
238	Finke, Dirk	1982	AK 30/39 - M	0	208	21.1 Km	1:50:20	28	x	0
239	Heine, Michael	1978	AK 30/39 - M	ArcelorMittal Construction Deutschland G	212	21.1 Km	1:50:21	29	x	0
240	Neumann, Nicole	1974	AK 40/49 - W	Bitterfelder SV 2000 e.V.	246	21.1 Km	1:53:13	30	1	10
241	Gehrmann, Dirk	1972	AK 40/49 - M	0	238	21.1 Km	1:54:15	31	2	8
242	König, Ronald	1968	AK 40/49 - M	0	243	21.1 Km	1:54:16	32	3	7
243	Gaitzsch, Ralf	1967	AK 50/59 - M	Bitterfelder Schwimmverein 1990 e.V.	249	21.1 Km	1:54:19	33	3	7
244	Neumann, Frank	1967	AK 50/59 - M	0	245	21.1 Km	1:56:05	34	4	6
245	Fischer, Danny	1973	AK 40/49 - M	0	250	21.1 Km	1:56:58	35	x	0
246	Posniak, Susanne	1980	AK 30/39 - W	Wassersportclub Friedersdorf e.V.	227	21.1 Km	1:58:00	36	1	10
247	Kluge, Gerd	1949	AK 60/69 - M	SG Chemie Wolfen e.V.	216	21.1 Km	1:59:45	37	1	10
248	Lindeberger, Susanne	1986	AK 30/39 - W	0	217	21.1 Km	2:01:13	38	x	0
249	Naumann, Michael	1981	AK 30/39 - M	0	224	21.1 Km	2:01:16	39	x	0
250	Klaus, Thomas	1977	AK 40/49 - M	0	215	21.1 Km	2:03:31	40	4	6
251	Kolasinski, Jörg	1960	AK 50/59 - M	0	202	21.1 Km	2:04:19	41	5	5
252	Seidewitz, Manfred	1942	AK 70/79 - M	ESV Lok Dessau	230	21.1 Km	2:07:13	42	x	0
253	Trappiel, Kevin	1977	AK 40/49 - M	0	234	21.1 Km	2:09:51	43	x	0
254	Schüttig, Sylvia	1965	AK 50/59 - W	0	240	21.1 Km	2:17:47	44	x	0
255	Borrmann, Rene	1977	AK 40/49 - M	0	203	21.1 Km	2:21:41	45	x	0
256	Heuert, Aniko	1989	AK 20/29 - W	Bundeswehr	214	21.1 Km	2:22:50	46	x	0
257	Eisel, Karen	1970	AK 40/49 - W	Sportgemeinschaft Union Sandersdorf e.V.	207	21.1 Km	2:26:56	47	2	8
258	Schmidt, Mario	1962	AK 50/59 - M	0	251	21.1 Km	2:33:02	48	6	4
259	Kurze, Eberhardt	1950	AK 60/69 - M	Goitzsche Sport e. V.	247	21.1 Km	3:01:06	49	2	8
260	Buske, Wolfgang	1961	AK 50/59 - M	Trebsen / Mulde	204	21.1 Km	3:00:00	50	x	0
261	Moesler, Marcel	1986	AK 30/39 - M	Appenzell	220	21.1 Km	3:00:00	51	x	0
262	Schubert, Susanne	1982	AK 30/39 - W	0	228	21.1 Km	3:00:00	52	x	0
263	Spangenberg, Sigrid	1975	AK 40/49 - W	0	231	21.1 Km	3:00:00	53	x	0
264	Suß, Robert	1988	AK 20/29 - M	Weida-Runners	232	21.1 Km	3:00:00	54	x	0
265	Wildner, Thorsten	1968	AK 40/49 - M	Fitness Crew "Erfurt-Auf-Achse"	236	21.1 Km [+5h]	3:00:00	55	x	0